Gravity vs matter: Stars as laboratory to test theories of gravity

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Motivation. What is done so far

So far, the modified gravity community is used to play mainly in the cosmological framework and/or astrophysical ones:

- neutron stars¹
- black holes²
- exotic environment (wormholes, branes, cosmic strings, ...).

Growing data sets, especially on gravitational waves detections, allows to test and rule out^3 some of the gravitational theory proposals.

Regarding stars in modified gravity⁴

- M-R relations (degeneracy with EoS's), stability problem, I-Love-Q relations
- Issues: matching conditions (ill behaviour of surface quantities), mass problem, GR scenarios not working (Birkoff theorem, collapse model), non-physical matter
- Non-relativistic stars: energy production (light elements burning), evolutionary scenarios, mass' limits, crystallization and convective processes, age of astrophysical objects, constraining theories (true stars vs brown dwarfs, Hayashi tracks, helioseismology,...)
- ¹B.P. Abbott et al. (LIGO Scientific Collaboration and Virgo Collaboration), Phys. Rev. Lett. 119 (2017)161101;

²B. P. Abbottet al.[LIGO Scientific and Virgo Collabo-rations], Phys. Rev. Lett.116(2016) 061102; K. Akiyamaet al.[Event Horizon Telescope Collabora-tion], Astrophys. J.875(2019) L1

³ J. Ezquiaga et al., Phys. Rev. Lett. 119, 251304 (2017); S. Boran et al., Phys. Rev. D 97, 041501 (2018); R. Sanders, Int.J.Mod.Phys.D, 27, 14, (2018) 1847027; B. P. Abbottet al.[LIGO Scientific and Virgo Collabo-rations], Phys. Rev. Lett. 123, 011102 (2019); S. Jana et al., Phys. Rev. D 99, 044056 (2019);

⁴G.J. Olmo, D. Rubiera-Gracia, AW, Physics Reports 876 (2020)

The stellar and galaxy curvature regime not considered too much in MG...



Untested regime in the **the galaxy and stellar physics regime**. It could potentially hide the onset of corrections to GR (T. Baker et al 2015 ApJ 802, 63).

Curvature
$$\xi = (R^{\alpha\beta\gamma\delta}R_{\alpha\beta\gamma\delta})^{\frac{1}{2}} = \sqrt{48}\frac{GM}{r^3c^2}$$

Potential $\varepsilon = \frac{GM}{rc^2}$

Further motivation: tests of gravity

- Helioseismology⁵
- Low-mass stars⁶: Hydrogen burning, Hayashi tracks, Lithium burning
- II population stars⁷
- Brown dwarfs (cooling process)⁸
- Giant exoplanets (formation and cooling process)⁹
- White dwarfs (cooling process, crystallization)¹⁰
- Earthquakes and marsquakes¹¹; + neutrino telescopes (neutrino tomography)¹²

- ⁶J. Sakstein, PRL 115 (2015) 201101; AW, PRD 102 (2020) 12, 124045; AW, PRD 103 (2021) 4, 044037
- ⁷S. Chowdhury, T. Sarkar, JCAP 05 (2021) 040
- ⁸M. Benito, **AW**, PRD 103 (2021) 6, 064032; A. Kozak, K. Soieva, **AW**, arXiv:2205.12812.
- ⁹AW, PRD 104 (2021) 10, 104058; AW, PRD 105 (2022) 124053
- ¹⁰S. Kalita, L. Sarmah, AW, arXiv:2209.02095; in preparation
- ¹¹A. Kozak, **AW**, PRD 104 (2021) 8, 084097; IJGMP 19 (2022) Supp01, 2250157; Universe 8 (2021) 1, 3; in preparation
- ¹²A. Donini, S. Palomares-Ruiz, J. Salvado, Nature Physics 15.1 (2019): 37-40

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⁵I. Saltas, I. Lopes, PRL 123 (2019) 9, 091103; I. Saltas, J. Christensen-Dalsgaard, arXiv:2205.14134

Basic equations of stellar (sub-)structure¹³

(nonsphericity, magnetic fiels, time-dependency,... ignored here

The structural and thermal differential relations

$$\frac{d\rho}{dr} = -\frac{Gm}{r^2}\rho, \quad \frac{dm}{dr} = 4\pi r^2 \rho, \quad \frac{dL}{dr} = 4\pi r^2 \epsilon \rho$$

Criteria for the heat transfer model (e.g. Schwarzschild criterion)

Microscopic physics (X is shorthand for composition)

$$p = p(\rho, T, X), \quad E = E(\rho, T, X), \quad \kappa = \kappa(\rho, T, X), \quad \epsilon = \epsilon(\rho, T, X)$$

Boundary conditions at the center (m = 0, r = L = 0) and at the surface (m = M, $\rho = T = 0$).

¹³ see e.g. Stellar Interiors, Physical Principles, Structure and Evolution, C.J. Hansen, S.D. Kawaler, V. Trimble

Gravity vs matter: motivation based on a number of indications

- Effective quantities: opacity¹⁴, ...
- Modifications introduced by MG to pressure¹⁵
- Chemical reactions rates depend on gravity¹⁶
- Specific heat and crystallization depend on MG¹⁷
- Chemical potential depends on gravity¹⁸
- Elementary particle interactions modified by MG (dependence of the metric on the local energy-momentum distributions¹⁹
- EoS depends on relativistic effects introduced by GR²⁰
- Thermonuclear processes...?²¹
- Fermi equation of state depends on (modified) gravity²²

¹⁴ J. Sakstein, PRD 92 (2015) 124045; ...
¹⁵ H-Ch. Kim, PRD 89 (2014) 064001
¹⁶ P. Lecca, J. Phys.: Conf. Ser. 2090 (2021) 012034
¹⁷ S. Kalita, L. Sarmah, **AW**, in preparation
¹⁸ I.K. Kulikov, P.I. Pronin, Int. J. Theor. Phys. 34, (1995) 9
¹⁹ A.D.I Latorre, G.J. Olmo, M. Ronco, PRB 780, 294 (2018)
²⁰ G.M. Hossain, S. Mandal, JCAP 02 (2021) 026; PRD 104 (2021) 123005
²¹ J. Sakstein, PRD 92 (2015) 124045, **AW** PRD 103 (2021) 4, 044037; M. Guerrero, **AW**, in preparation
²² **AW**, arXiv:2208.04023

Hot topics for Aneta

- Matter versus gravity (equation of state in modified gravity, lithium problem, nucleosynthesis, energy production)
- Brown dwarf stars and exoplanets suitable to test and to constrain theories of gravity
- Stellar and substellar evolution differs with respect to various theories of gravity
 - formation of jovian planets and solar systems, habitability of exoplanets
 - stages of stellar evolution, age, substellar and WD's cooling
- Seismology versus gravity
 - earthquakes and marsquakes to test modified gravity
 - helioseismology
- Crystallization process in white dwarfs
- Lensing of GW's by astrophysical objects
- Scalarization and screening mechanism breaking in compact and stellar objects

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Palatini gravity in a nutshell

$$S=S_{\mathrm{g}}+S_{\mathrm{m}}=rac{1}{2\kappa}\int\sqrt{-g}f(\hat{R})d^{4}x+S_{\mathrm{m}}(g_{\mu
u},\psi_{m}),$$

where $\hat{R} = \hat{R}^{\mu\nu}(\hat{\Gamma})g_{\mu\nu}$. Modified field equations wrt $g_{\mu\nu}$ and $\hat{\Gamma}$ are

$$\begin{aligned} f'(\hat{R})\hat{R}_{\mu\nu} &- \frac{1}{2}f(\hat{R})g_{\mu\nu} = \kappa T_{\mu\nu}, \quad \text{GR:} \quad R_{\mu\nu} - \frac{1}{2}Rg_{\mu\nu} = \kappa T_{\mu\nu} \\ \hat{\nabla}_{\beta}(\sqrt{-g}f'(\hat{R})g^{\mu\nu}) &= 0 \quad \to \quad h_{\mu\nu} = f'(\hat{R})g_{\mu\nu}. \end{aligned}$$

The trace of the first MFE wrt $g_{\mu\nu}$ gives the structural equation

$$f'(\hat{R})\hat{R}-2f(\hat{R})=\kappa\mathcal{T},$$

where \mathcal{T} is a trace of e-m tensor $T_{\mu\nu}$ wrt $g_{\mu\nu}$, provides $\hat{R} = \hat{R}(\mathcal{T})$.

- Non-linear system of a second order PDE.
- $f(\hat{R}) = \hat{R} 2\Lambda$ is fully equivalent to the Einstein $R 2\Lambda$.
- Any $f(\hat{R})$ vacuum solution \rightarrow Einstein vacuum solution with the cosmological constant.
- Modifies non- and relativistic stellar structure equations²³.

²³K. Kainulainen et al, PRD. 76 (2007) 043503; AW, EPJC 78 (2018) 421; AW EPJC 79 (2019) 51; A. Sergyeyev, AW, EPJC 80

Non-relativistic equations of Palatini $f(\hat{R})$ gravity

For an analytic function $f(\hat{R}) = \sum_{i=0} \bar{\alpha}_i \hat{R}^i$ the Poisson equation²⁴

$$abla^2 \Phi pprox rac{\kappa}{2} (
ho + 2 ar lpha
abla^2
ho)$$

where α comes from the quadratic term of the Lagrangian (we neglect cosmological constant)

$$f(\hat{R}) = \hat{R} + \beta \hat{R}^2 \tag{1}$$

For spherical-symmetric spacetime the gravitational potential²⁵

$$\Phi(r) = -\frac{GM}{r} - 4\pi G \int_{r}^{R} \left(\rho(r)r - 2\alpha\rho'(r)\right) dr.$$

The hydrostatic equilibrium equation

$$\frac{d\Phi}{dr} = -\rho^{-1}\frac{dP}{dr}$$

²⁵AW, arXiv:2208.04023

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²⁴ J. D. Toniato, D. C. Rodrigues, AW, PRD 101 (2020) no. 6, 064050; A. Hernandez-Arboleda, D. C. Rodrigues, AW arXiv:2204.03762

White dwarfs and modified gravity²⁶



Left panel: with the use of the Chandrasekhar equation of state. Right panel: Variation of Debye temperature inside a modified gravity inspired carbon WD with different α for $\rho_c = 10^{10} \, \mathrm{g \, cm^{-3}}$.

Debye temperature: $\Theta_{\mathrm{D}} = 0.174 imes 10^4 rac{2Z}{A} \sqrt{
ho}$

$$\text{Mean specific heat:} \qquad \tilde{c}_{\text{v}} = \frac{1}{\mathcal{M}} \int_{0}^{\mathcal{M}} \left[\frac{3}{2} \frac{k_{\text{B}} \pi^2}{3} Z \frac{k_{\text{B}} T}{\epsilon_{\text{F}}} + 9k_{\text{B}} \left(\frac{T}{\Theta_{\text{D}}} \right)^3 \int_{0}^{\Theta_{\text{D}}/T} \frac{x^4 e^x}{\left(e^x - 1\right)^2} dx \right] dm$$

 $\label{eq:cooling} \text{Cooling equation:} \qquad L = \frac{3k_B\mathcal{M}}{Am_H} \left(-\frac{\bar{c}_V}{3k_B} + \rho_s q \frac{1}{\mathcal{M}} \frac{dm}{dr} \frac{dr}{d\rho}\right) \frac{dT}{dt}$

 $^{26}\text{S.}$ Kalita, L. Sarmah, AW, PRD 105 (2022) 2, 024028; arXiv:2209.02095; in preparation

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White dwarfs' cooling²⁷



Left: \bar{c}_v as a function of T for different carbon WDs; $\rho_c \in [10^5 - 10^{11}]$ g cm⁻³ for $\alpha = 0$ (solid lines), $\alpha = -2 \times 10^{13}$ cm², and $\alpha = -3 \times 10^{13}$ cm².

Right: Luminosity as a function of time for carbon WDs with $\rho_c = 10^{11} \, g \, cm^{-3}$. The initial luminosity corresponds to a surface temperature of $\approx 10^7 \, K$.

 $^{^{27}\}mathrm{S.}$ Kalita, L. Sarmah, AW, in preparation

Early stellar evolution: PMS low-mass stars on Hayashi tracks ²⁸





²⁸AW, PRD 102 (2020) 124045

Simplified photosphere's and opacity model

Early evolutionary (Hayashi) track

$$T_{\rm ph} = 2487.77 \mu^{\frac{13}{51}} \left(\frac{L}{L_{\odot}}\right)^{\frac{1}{102}} \times \left(\frac{M}{M_{\odot}}\right)^{\frac{7}{51}} \left(\frac{\left(\frac{1-\frac{4\alpha}{3\delta}}{Z}\right)^{\frac{4}{3}}}{\zeta_R^5 \sqrt{-\theta'}}\right)^{\frac{1}{17}} {\rm K}$$

Convective/radiative processes ruled by

Schwarzschild criterion

 $\nabla_{rad} \leq \nabla_{ad}$ pure diffusive radiative or conductive transport $\nabla_{rad} > \nabla_{ad}$ adiabatic convection is present locally.

$$\nabla_{rad} = \frac{3\kappa_{rc}Lp}{16\pi acGmT^4} \left(1 - \frac{4\alpha}{3\delta}\right)^{-1}$$

Lithium depletion boundary method - the most reliable method for young globular clusters' age determination; the lithium test used in order to distinguish brown dwarfs from true stars

It is used to calibrate other age determination methods!

The depletion rate in a star with mass M and hydrogen fraction X:

$$M\frac{\mathrm{d}f}{\mathrm{d}t} = -\frac{Xf}{m_H}\int_0^M \rho \langle \sigma v \rangle dM,$$

where the non-resonant reaction rate for the temperature range $\,\mathcal{T} < 6 \times 10^6 K$ is given by

$$N_A \langle \sigma v \rangle = S f_{\rm scr} T_{c6}^{-2/3} \exp \left[-a T_{c6}^{-\frac{1}{3}} \right] \frac{\rm cm^3}{\rm s~g},$$

where $T_{c6} \equiv T_c/10^6$ K; the parameters *S*, *a* are fitted to the reaction rate ⁷Li(*p*, α)⁴He; *f*_{scr} is the screening correction factor.

²⁹AW, PRD 103 (2021) 4, 04403

Lithium abundance is a gravitational model dependent quantity³⁰

The lithium depletion \mathcal{F} in Palatini gravity for $T < 6 \times 10^6 K$ is $(u = a T_{c6}^{-1/3}(t))$

$$\mathcal{F} \equiv \ln \frac{f_0}{f} = 1.15 \times 10^{13} \ T_{3\rm eff}^{-4} \left(\frac{X}{0.7}\right) \left(\frac{0.6}{\mu_{\rm eff}}\right)^6 \left(\frac{M_\odot}{M}\right)^3 \times Sf_{\rm scr} a^{16}g(u) \frac{\xi_R^4 (-\theta'(\xi_R))^2 \Omega}{\delta^2}$$

α	$T_c/10^6$ K	t [Myr]	R/R_{\odot}	L/L_{\odot}
-0.4	3.48	3.21	1.85	25.3×10 ⁻²
-0.1	3.18	7.48	1.28	14.4×10^{-2}
-0.001	3.129	7.76	1.19	$14.1 imes 10^{-2}$
0 (GR)	2.98	12.42	1.03	10.3×10^{-2}
0.001	3.128	7.78	1.19	14×10^{-2}
0.1	3.098	7.25	1.13	14.7×10^{-2}
0.4	3.093	3.57	1.06	23.6×10^{-2}

- much shorter contraction and ⁷Li burning phase
- can explain the age of WD KIC 8145411
- noticeable effect on the total stars' luminosity which contributes to the galaxy brightness
- can contribute to cosmological lithium problem^a

^aA. Kozak, M. Saal, AW, in progress

³⁰AW, PRD 103 (2021) 4, 04403; D. Gomes, AW, arXiv:2206.04464

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Hydrogen burning - minimal main sequence mass³³

... is the lowest mass where the rate-limiting reaction for hydrogen burning can be sustained stably.

 \ldots "it is mass that a pre-main-sequence star must have in order to jump into the Main Sequence family"

It means that energy generated in the core is compensated by energy radiated from the surface, which corresponds to the mass where

 $L_{\rm hydrogen\ burning} = L_{\rm photosphere}$

We want to use this fact for constraining modified gravity theories

The observational bound ^31: M-dwarf star G1 866C with the mass $(0.0930\pm0.0008)M_{\odot}$

The GR theoretical prediction³²: $\sim 0.08 - 0.09 M_{\odot}$

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³¹D. Segransan et al., Astron. Astrophys. 364 (2000) 665

³²A. Burrows, J. Liebert, Rev. Mod. Phys. 65, 301 (1993)

³³J. Sakstein, PRL 115 (2015) 201101; G. Olmo, D. Rubiera-Garcia, AW, PRD 100 (2019) 4, 044020

Testing and constraining the theory with MMSM 34

$$M_{-1}^{MMSM} = 0.290 \frac{\gamma_{3/2}^{1.32} \omega_{3/2}^{0.09}}{\delta_{3/2}^{0.51}} \frac{(\alpha_d + \eta)^{1.509}}{\eta^{1.325}} \left(1 - 1.31 \alpha \frac{\left(\frac{\alpha_d + \eta}{\eta}\right)^4}{\delta_{3/2} \kappa_{-2}} \right)^{0.111}$$

The observational bound: M-dwarf star G1 866C with the mass $(0.0930 \pm 0.0008) M_{\odot}$ The GR theoretical prediction: $\sim 0.08 - 0.09 M_{\odot}$



One needs to take into account the realistic electron degeneracy & opacity description!

³⁴G. Olmo, D. Rubiera-Garcia, AW, PRD 100, 4, 044020 (2019); M. Guerrero, D. Rubiera-Garcia, AW EPJC 82 (2022) 8

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Brown dwarfs as laboratories to test gravity³⁶ and dark matter models³⁷

- more realistic description of the partially-degenerate state that characterizes brown dwarfs and low-mass stars wrt the previous studies ³⁵
- the hydrogen metallic-molecular phase transition between the interior of the brown dwarf and its photosphere taken into account



luminosity and degeneracy as functions of time (affected by MG)

³⁵G.J. Olmo, D. Rubiera-Garcia, AW, Phys. Rev. D 100 (2019) 4, 044020
 ³⁶M. Benito, AW, PRD 103 (2021) 6, 064032; A. Kozak, K. Soieva, AW, arXiv:2205.12812
 ³⁷R.K. Leane, J. Smirnov, PRL, 126(16), 161101 (2021).

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Jupiter and jovian (exo-)planets³⁸

The effective temperature, luminosity (in Jupiter's luminosity), and age ratio with respect to the GR values at the given point of the jovian planet's evolution for the given radius R for $\alpha = -0.4$.

R (10 ⁹ m)	$T_{\rm eff}$ (K)	L/Lj	$t_{\alpha}/t_{\rm GR}$
10	381	9×10 ⁶	1.5
5	372	2×10 ⁶	1.7
1	346	0.6×10^{5}	1.6
0.5	329	13×10^{3}	1.7
0.25	304	2×10 ³	1.9
0.15	273	5.6×10^{2}	2.4
0.1	233	1.3×10^{2}	3.8
0.095	227	1.1×10^{2}	4.3
0.09	219	83	4.7

- Effective temperature and luminosity differ in modified gravity
- A jovian planet can be younger/older than predicted by GR
- Fragmentation process and opacity mass limit also impacted by Palatini gravity
- Accretion model depends on modified gravity



³⁸AW PRD 104 (2021) 10, 104058

Accretion model of the jovian planets' formation³⁹

 Isolation mass (dashed line) and the minimum planet's core mass needed to sustain a massive envelope given by

$$M_{c} > \left(\frac{3}{32\pi}\right)^{\frac{1}{3}} \left(\frac{h}{r}\right)^{3} \frac{\left(M_{*}\left(1+3\alpha\frac{M_{*}}{\pi r^{3}}\right)\right)^{\frac{3}{2}}}{\rho_{m}^{\frac{1}{3}}r^{\frac{3}{2}}\left(1+4\alpha\rho_{m}\right)^{\frac{3}{2}}}$$

The snowline at r=2.7 AU and other properties of the protoplanetary disk with a Solar mass star are given assuming the Hayashi minimum mass Solar Nebula model. For the interior to the snowline, $\rho_m=3~{\rm g~cm^{-2}}$, and beyond the snowline, $\rho_m=1~{\rm g~cm^{-2}}$.

 The planet's core mass M_{core} dependence on the total mass M_p given by

$$M_{\rm core} = M_p - \frac{C_1}{\kappa_R \dot{M}_{\rm core}} \frac{M_p^4}{M_{\rm core}^{2/3}} \left[\ln \frac{r_{\rm out}}{R_s} + \alpha C_2 M_p \right]$$

for a constant opacity and two constant core accretion rates. The dashed curves are given by the five-fold rate with respect to the solid ones.



 $^{^{39}\}text{D.}$ J. Stevenson, Planetary and Space Science 30.8 (1982), 755-764; AW, PRD 105 (2022) 12, 124053

Terrestrial (exo-)planets in Newtonian gravity⁴⁰



40 S. Seager, et al., The Astrophysical Journal 669.2 (2007): 1279

Terrestrial (exo-)planets in Palatini gravity⁴¹



Figure: Mass-radius relation for small planets composed of two layers: iron core and perovskite silicate mantle. The results were obtained for different values of the Starobinsky parameter $\alpha = 2c^2\kappa^2\beta$. The solar-system planets were included, as well as some TRAPPIST-1 exoplanets, denoted by letters.

⁴¹A. Kozak, **AW**, IJGMMP 19 (2022) Supp01, 2250157; E. Agol et al., Planet. Sci. 2(2021) 1.

Terrestrial planets - seismology vs gravity I 43

Constraining theory (moment of inertia $I=8.01736\pm0.00097\times10^{37}$ kg m² and mass $M=5.9722\pm0.0006\times10^{24}$ kg)



Information on matter density inside the planet, and on characteristics and abundances of light elements in the outer $core^{42}$

 42 A. Donini, S. Palomares-Ruiz, J. Salvado, Neutrino tomography of Earth. Nature Phys 15, 37-40 (2019) 43 A. Kozak, $A\!W$, in preparation

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Terrestrial planets - seismology vs gravity II $^{\rm 45}$

The Earth's density profile (inner and outer core, mantle + outer layers given by the Birch law)



On the RHS: Palatini gravity ($\Delta \rho = 600$, $\rho_m = 5550$); on the left: Preliminary Reference Earth Model (PREM) A. M. Dziewonski, D. L. Anderson, Phys. Earth Plan. Int. 25 (1981) 297.

Exoplanets properties: central values and CMB are affected by modified gravity⁴⁴

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⁴⁴A. Kozak, **AW**, Universe 8 (2021) 1, 3

 $^{^{45}}$ A. Kozak, $A\!W\!$, PRD 104 (2021) 8, 084097; IJGMMP 19 (2022) Supp01, 2250157; in preparation

- Tests of gravity with the use of stars and substellar objects (BD, (exo)-planets, seismology)
- We must be consistent in describing physical systems in different scales
- We should consider more realistic models on both sides: gravity and matter rotating bodies, magnetic fields, ..., opacities (atmosphere)
- More research on matter properties in the MG framework is necessary

Thanks!

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